

ASSISTED LIVING SOLUTIONS

WHAT IS ASSISTED LIVING?

Assisted living communities are seniors' homes—not skilled nursing facilities. They are a pivotal choice for many seniors transitioning into a phase of life where living alone is no longer ideal. Assisted living focuses on creating a home and community for seniors who need help with activities of daily living.

The average age of residents in these communities is 85; care involves managing multiple chronic health issues. Assisted living fosters a holistic approach to care by emphasizing not only physical well-being but also the social determinants of health. Communities offer restaurant-style nutritious dining options, a diverse calendar of social and educational activities, and a committed focus on resident engagement, assisted living plays a critical role in supporting seniors to lead a life of independence, happiness, and overall health.

The Challenge: Our nation is rapidly aging and is unprepared to meet rising care needs.



The U.S. population aged 65 and older will grow from **55 million in 2020 to 80+ million by 2040.**



More than two-thirds of people will need some form of long-term care in their lifetime, and **two-in-five will need care for two or more years.**



Medicare and Medicaid generally do not cover long-term care costs, **which may exceed \$100,000 per year.**



There are not nearly enough caregivers to meet the growing needs of our seniors, **more than 20 million workers are needed by 2040.**

The Solution: Increase access/affordability, address workforce needs.



The SENIOR Act

H.R. 7605 (Reps. Trahan, Fitzpatrick)

Increase access/affordability through: cost-reduction program to allow seniors to choose assisted living, addresses workforce shortages by retargeting existing HHS and DOL workforce training programs.



Care Across Generations Act

H.R. 6835 (Reps. Strickland, Steil, Kuster)

Provides grants to long-term care communities to establish an on-site childcare center for the purposes of intergenerational activities, or to partner with an existing nearby childcare center.



Expanding Veterans' Options for Long Term Care Act

H.R. 1815 (Reps. Slotkin, Steil) and S. 495 (Sens. Tester, Moran, Murray, Rounds)

Creates a pilot program allowing veterans to choose assisted living care at half the cost of a skilled nursing facility per year (\$51,600 vs \$120,701), saving the VA nearly \$70,000 per veteran each year.



Join the House 21st Century Long-Term Care Caucus

Chaired by: Reps. Ann McLane Kuster, Bryan Steil, and Debbie Dingell

The caucus is a bipartisan effort to identify and address long-term care issues and implement solutions to best serve older Americans and all who receive services.